

Principled Parenting Principles of Good Discipline

_____ **that the perfect loving Father uses the rod.**

2Sa 7:14 I will be his father, and he shall be my son. If he commit iniquity, I will chasten him with the rod of men, and with the stripes of the children of men:

2Sa 7:15 But my mercy shall not depart away from him, as I took *it* from Saul, whom I put away before thee.

Heb 12:5 And ye have forgotten the exhortation which speaketh unto you as unto children, My son, despise not thou the chastening of the Lord, nor faint when thou art rebuked of him:

Heb 12:6 For whom the Lord loveth he chasteneth, and scourgeth every son whom he receiveth.

Focus on _____

Never Anger

Never Fear

Psalm 119 gives an example of God being trustworthy and loving in His correction even though it's sometimes uncomfortable.

Be Aware of _____ & _____

Model Acceptance of _____

Reward _____

_____ **Option**

Safety

Defiance

Sparingly, but consistently

Disappears quickly, doesn't increase

The most infrequently used tool in your parenting toolbox of discipline is spanking – the nuclear option

“Reflective time out”

Not a punishment timeout – they will learn to outwait you. It may change some behavior but not their heart – it only distracts the child.

“Stop, consider what you are doing, and change directions.”

The older they get, stop telling them why and ask them to consider their ways and be wise.

“Attitude training”

“Happy Girl”

“To whom are you going to give permission to today?”

Too often we start to deal with attitudes after they are developed. IE – We only pick our child up if they are screaming. Train them early to keep a positive perspective.

“Catching them being good.”

When you catch them being good – go all out on their love language.

Good disciplining gives out way more affirmation – commending the commendable

Wrong _____

Bribery

What is the difference between a bribe and a reward?

A bribe is before the expected behavior, a reward is after.

Reacting to screaming.

Excuse making - which teaches them to make excuses and allows us to install pegs on their rebellion wall.

(If you have built a rebellious child, you will need to work on “removing the pegs” as they are revealed. “Dad, how come I _____ and you _____”

Over reaction with un-supportable disciplinary declaration.

“You are grounded for a month!”

“If you don’t clean your room, I am going to throw everything away!”

LECTURE, LECTURE, LECTURE

Surprises

Surprising children with consequences is not discipline – they will eventually be responsible to discipline themselves – they can learn now.

Encounter

Discipline should be a spiritual encounter with God, you and your child, not merely a physical encounter with you. (Prov 3:11-12; Heb 12:5-11). Done with love, followed by guidance/teaching and respect

& _____

Deal with your child as promptly as possible, but in private (Prov 13:24; 19:18); your intention is to discipline your child respectfully, not humiliate him publicly (Matt 18:15).

“Training in Times of _____”

#1 indicator that a training time may be near – questions from them

#1 teaching tool in a training time – questions for them

#2 teaching tool in a training time – empathy and sympathy

Be careful to only empathize/sympathize with reality NOT with made up fluff.

Common times

Bedtime

Later when things are settled/Afternoon